

MyChart - Sync My Health or Fitness Device



If your doctor has placed an order for your health or fitness tracking device and you have an active MyChart account, then you're ready to sync your mobile device to MyChart.

Will my mobile device work with MyChart?

MyChart works with iPhone and iPod Touch IOS 8 or greater. However, certain devices track only certain conditions. Please see the chart below for more details.

CATEGORIES	HEALTH AND FITNESS DEVICES		
	FITBIT	WITHINGS	APPLE
Weight	X Aria	X Wireless Scale WS-30, Smart Body Analyzer WS-50	X iHealth Digital Scale Body Weight Monitor Wireless
Steps	X Surge, Charge HR, Flex Charge, ZIP, One, Alta or Blaze		X Apple Watch
Blood pressure		X Wireless Blood Pressure Monitor	X iHealth Wireless Blood Pressure Monitor
Blood glucose			X iHealth Wireless Blood Pressure Glucometer
Pulse		X Pulse	X iHealth Wireless Pulse Oximeter
Track My Health Mobile	NO	NO	YES

Let's look at each health and fitness device's ability to track specific conditions.

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Tips for Success

- If you haven't signed up for MyChart, you'll need to sign up and get a MyChart account. Visit mychart.baptistonecare.org to get started.
- You can only sync the Fitbit and Withings through the MyChart website, not the MyChart app.
- Refer to your health and fitness device instructions to determine what app to download for your mobile health device.

How to manually sync your Fitbit or Withings device to your active MyChart account:

- 1) Set up a Fitbit or Withings account and configure the device (follow the device instructions).
- 2) Log in to your MyChart account via the website (cannot be through the MyChart app).
- 3) Click on the "Track My Health" tab at the top.
- 4) Click on the "Connect My Account" button, and you will be redirected to the Fitbit or Withings site where you need to log in with your device username and password.
- 5) Once the setup is complete, you will click the "Sync Now" button to manually sync data from your device to your MyChart account.

How to sync the Apple Health Kit to your active MyChart account:

- 1) Log in to your MyChart account through the MyChart app on the iPhone or iPod Touch, and click on the "Track My Health" icon.
- 2) After the apps/devices are linked, your MyChart will automatically sync the information according to data types selected to be tracked in the Health app.
- 3) You can view the data in either a tabular or graphical format within the MyChart account.

For assistance, please call 888-898-3777 or email MyChart@bmhcc.org.